



2020

Nevada State Championship

Boys & Girls Club

2850 Lindell Rd

Las Vegas, Nevada 89146



WELCOME!

Dear Taekwondo Family,

Welcome to the 2020 Nevada State Championship. I applaud all the athletes for all their accomplishments. Continue to work hard and stay dedicated towards your goals. I want to express my gratitude to the officials and volunteers who have selflessly given their time and energy to the success of this event. I hope everyone enjoys their experience in Nevada State. Good luck to all.

Respectfully,

Grand master George Tapia
USAT Nevada President
www.gaitftakeondo.org

EVENT POINTS OF CONTACT

Global American International Taekwondo Federation
Ltd

George Tapia

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SANCTIONED BY

USATKD
1015 Garden of the Gods Road
Suite 110
Colorado Springs, CO 80907
Phone: 719-374-5736

GOVERNANCE

All sanctioned State Championships must use and follow the USA Taekwondo Rules and Regulations.

For current Sparring and Poomsae rules please refer to the following link:

<https://www.teamusa.org/usa-taekwondo/v2-events/competition-rules>

VENUE

Boys & Girls Club

2850 Lindell Rd

Las Vegas, NV 89146

702-368-0317

LODGING

N/A

EVENT SPECTATOR TICKETS

Ticket Pricing	
Event Ticket	At-Door
All-Event Pass	\$10
Single Day (Adult 18+)	\$10
Single Day (Child 6-17)	\$10
Children 5 & Under	\$5

SCHEDULE

Weigh-In and Registration:

April 3, 2020

12 Noon- 8 pm

All sparring competitors must weigh-in the day before the competition

Athletes only competing in Poomsae (Form) do not need to weigh-in but must still check-in and pick up their credentials

- **ALL SATURDAY SPARRING COMPETITORS MUST BE CHECKED IN AND WEIGHED IN BY 8:00PM on Friday, April 3, 2020.**

Friday, April 3, 2020		
Credential Pick Up & Weigh In		
REPORT TIME	DESCRIPTION OF EVENT	LOCATION
12:00 Noon -8:00pm	Coaches pick up Credentials	Boys & Girls Club
12:00 Noon-8:00pm	All participants Must pick up credentials (Only Sparring participants weigh-in)	Boys & Girls Club
1:00 pm to 7:00 pm	USAT Taekwondo Referee Development Seminar.	Boys & Girls Club

Competition:

Saturday, April 4, 2020		
All Color Belts & Black Belts Competing Forms Must report to staging 8:00am		Boys & Girls Club
REPORT TIME	DESCRIPTION OF EVENT	LOCATION
10:00 am	All color belts and black belts ages 6-9 years old	Boys & Girls Club
11:00 pm	All color belts and black belts ages 10-11 years old	Boys & Girls Club
12:00 pm	Cadets Black belt and color belts	Boys & Girls Club
1:00 pm	Juniors and Seniors Black belt and color belts	Boys & Girls Club

REGISTRATION DEADLINES & FEES

All registration must take place on the USATAekwondo Hang-A-Star system. Please visit www.usataekwondo.us to register. Please have your USATAekwondo membership number accessible to register. USATAekwondo has a NO REFUND policy. **NO REFUNDS** will be given for any reason.

ATHLETES

Divisions (Sparring, Poomsae, Etc.)	Early Registration Fee	Early Registration Deadline	Final Registration Fee	Final Registration Deadline
1 st Division	\$90	March 27, 2020	\$120	March 30, 2020
2 nd Division	\$100	March 27, 2020	\$140	March 30, 2020
3 rd Division	\$120	March 27, 2020	\$160	March 30, 2020
4 th Division	\$130	March 27, 2020	\$180	March 30, 2020
5 th Division	\$140	March 27, 2020	\$200	March 30, 2020

****Registration Deadlines end at 11:59pm (MT)****

COACHES

CIDP LEVEL	Early Registration Fee	Early Registration Deadline	Final Registration Fee	Final Registration Deadline
Associate Coach or Level 1	\$25	March 27, 2020	\$50	March 30, 2020

Coaches are required to complete a pass a background check before they can register and pay for any sanctioned USATAekwondo event as well as the USOC Safe Sport Video.

WEIGH-INS & BRACKETING

SPARRING

Note: (Explanation #1) Not exceeding: The weight limit is defined by the criterion of one decimal place away from the stated limit. For example: not exceeding 50kg is established as until 50.0kg with 50.1kg being over the limit and resulting in disqualification. (Explanation #2) Over weight: Over 50.00 kg marks occur at the 50.1kg reading and 50.0kg and below is regarded as insufficient, resulting in disqualification.

Ultra Divisions (33+ year olds) – All Belt Colors (Yellow, Green, Blue, Red & Black) (33-40, 41-50, 51-99)

Classification	Male Divisions Weight Category (kg)	Female Divisions Weight Category (kg)
Fly	Not exceeding 58kg	Not exceeding 49kg
Light	Over 58kg & Not exceeding 68kg	Over 49kg & Not exceeding 57kg
Middle	Over 68kg & Not exceeding 80kg	Over 57kg & Not exceeding 67kg
Heavy	Over 80kg	Over 67kg

Senior Divisions (17-32 year olds) – All Belt Colors (Yellow, Green, Blue, Red & Black)

Classification	Male Divisions Weight Category (kg)	Female Divisions Weight Category (kg)
Fin	Not exceeding 54kg	Not exceeding 46kg
Fly	Over 54kg & Not exceeding 58kg	Over 46kg & Not exceeding 49kg
Bantam	Over 58kg & Not exceeding 63kg	Over 49kg & Not exceeding 53kg
Feather	Over 63kg & Not exceeding 68kg	Over 53kg & Not exceeding 57kg
Light	Over 68kg & Not exceeding 74kg	Over 57kg & Not exceeding 62kg
Welter	Over 74kg & Not exceeding 80kg	Over 62kg & Not exceeding 67kg
Middle	Over 80kg & Not exceeding 87kg	Over 67kg & Not exceeding 73kg
Heavy	Over 87kg	Over 73kg

Junior Divisions (15-17 year olds) – All Belt Colors (Yellow, Green, Blue, Red & Black)

Classification	Male Divisions Weight Category (KG)	Female Divisions Weight Category (KG)
Fin	Not exceeding 45kg	Not exceeding 42kg
Fly	Over 45kg & Not exceeding 48kg	Over 42kg & Not exceeding 44kg
Bantam	Over 48kg & Not exceeding 51kg	Over 44kg & Not exceeding 46kg
Feather	Over 51kg & Not exceeding 55kg	Over 46kg & Not exceeding 49kg
Light	Over 55kg & Not exceeding 59kg	Over 49kg & Not exceeding 52kg
Welter	Over 59kg & Not exceeding 63kg	Over 52kg & Not exceeding 55kg
Light Middle	Over 63kg & Not exceeding 68kg	Over 55kg & Not exceeding 59kg
Middle	Over 68kg & Not exceeding 73kg	Over 59kg & Not exceeding 63kg
Light Heavy	Over 73kg & Not exceeding 78kg	Over 63kg & Not exceeding 68kg
Heavy	Over 78kg	Over 68kg

Cadet Divisions (12-14 year olds) – All Belt Colors (Yellow, Green, Blue, Red & Black)

Classification	Male Divisions Weight Category (kg)	Female Divisions Weight Category (kg)
Fin	Not exceeding 33kg	Not exceeding 29kg
Fly	Over 33kg & Not exceeding 37kg	Over 29kg & Not exceeding 33kg
Bantam	Over 37kg & Not exceeding 41kg	Over 33kg & Not exceeding 37kg
Feather	Over 41kg & Not exceeding 45kg	Over 37kg & Not exceeding 41kg
Light	Over 45kg & Not exceeding 49kg	Over 41kg & Not exceeding 44kg
Welter	Over 49kg & Not exceeding 53kg	Over 44kg & Not exceeding 47kg
Lt. Middle	Over 53kg & Not exceeding 57kg	Over 47kg & Not exceeding 51kg
Middle	Over 57kg & Not exceeding 61kg	Over 51kg & Not exceeding 55kg
Lt. Heavy	Over 61kg & Not exceeding 65kg	Over 55kg & Not exceeding 59kg
Heavy	Over 65kg	Over 59kg

Youth Divisions (10-11 year olds) – All Belt Colors (Yellow, Green, Blue, Red & Black)

Classification	Male Divisions Weight Category (kg)	Female Divisions Weight Category (kg)
Fin	Not exceeding 30kg	Not exceeding 30kg
Light	Over 30kg & Not exceeding 35kg	Over 30kg & Not exceeding 35kg
Middle	Over 35kg & Not exceeding 40kg	Over 35kg & Not exceeding 40kg
Heavy	Over 40kg	Over 40kg

Tiger Divisions (8-9 year olds) – All Belt Colors (Yellow, Green, Blue, Red & Black)

Classification	Male Divisions Weight Category (kg)	Female Divisions Weight Category (kg)
Fin	Not exceeding 21kg	Not exceeding 21kg
Light	Over 21kg & Not exceeding 25kg	Over 21kg & Not exceeding 25kg
Middle	Over 25kg & Not exceeding 30kg	Over 25kg & Not exceeding 30kg
Heavy	Over 30kg	Over 30kg

Dragons Divisions (6-7 year olds) – All Belt Colors (Yellow, Green, Blue, Red & Black)

Classification	Male Divisions Weight Category (kg)	Female Divisions Weight Category (kg)
Fin	Not exceeding 19kg	Not exceeding 19kg
Light	Over 19kg & Not exceeding 23kg	Over 19kg & Not exceeding 23kg
Middle	Over 23kg & Not exceeding 27kg	Over 23kg & Not exceeding 27kg
Heavy	Over 27kg	Over 27kg

Junior Safety Rules: Attacks to the head are prohibited. The Referee will penalize the athlete for this case. The referee can decide the winner of RSC (Referee Stop Contest) in case of significant difference of competing ability between two athletes

POOMSAE

INDIVIDUAL POOMSAE

AGE CLASSES	AGE DIVISIONS	BELT COLOR	RANK	COMPETITION TYPE
DRAGONS	6-7 YEARS OLD	YELLOW, GREEN, BLUE&RED	N/A	SINGLE ELIMINATION
DRAGONS	6-7 YEARS OLD	BLACK	1 ST – 9 TH	SINGLE ELIMINATION
TIGER	8-9 YEARS OLD	YELLOW, GREEN, BLUE&RED	N/A	MODIFIED WTF FORMAT
TIGER	8-9 YEARS OLD	BLACK	1 ST – 9 TH	MODIFIED WTF FORMAT
YOUTH	10-11 YEARS OLD	YELLOW, GREEN, BLUE&RED	N/A	MODIFIED WTF FORMAT
YOUTH	10-11 YEARS OLD	BLACK	1 ST – 9 TH	MODIFIED WTF FORMAT
CADET	12-14 YEARS OLD	YELLOW, GREEN, BLUE&RED	N/A	MODIFIED WTF FORMAT
CADET	12-14 YEARS OLD	BLACK	1 ST – 9 TH	WTF FORMAT
JUNIOR	15-17 YEARS OLD	YELLOW, GREEN, BLUE&RED	N/A	MODIFIED WTF FORMAT
JUNIOR	15-17 YEARS OLD	BLACK	1 ST – 9 TH	WTF FORMAT
UNDER 30	18-30 YEARS OLD	YELLOW, GREEN, BLUE&RED	N/A	MODIFIED WTF FORMAT
UNDER 40	31-40 YEARS OLD	YELLOW, GREEN, BLUE&RED	N/A	MODIFIED WTF FORMAT
UNDER 50	41-50 YEARS OLD	YELLOW, GREEN, BLUE&RED	N/A	MODIFIED WTF FORMAT
UNDER 60	51-60 YEARS OLD	YELLOW, GREEN, BLUE&RED	N/A	MODIFIED WTF FORMAT
UNDER 65	61-65 YEARS OLD	YELLOW, GREEN, BLUE&RED	N/A	MODIFIED WTF FORMAT
OVER 65	66 & OLDER	YELLOW, GREEN, BLUE&RED	N/A	MODIFIED WTF FORMAT
UNDER 30	18-30 YEARS OLD	BLACK	1 ST – 9 TH	WTF FORMAT
UNDER 40	31-40 YEARS OLD	BLACK	1 ST – 9 TH	WTF FORMAT
UNDER 50	41-50 YEARS OLD	BLACK	1 ST – 9 TH	WTF FORMAT
UNDER 60	51-60 YEARS OLD	BLACK	1 ST – 9 TH	WTF FORMAT
UNDER 65	61-65 YEARS OLD	BLACK	1 ST – 9 TH	WTF FORMAT
OVER 65	66 & OLDER	BLACK	1 ST – 9 TH	WTF FORMAT

PAIRS POOMSAE (CO-ED) – 1 MALE & 1 FEMALE
Dragon(6-7), Tiger (8-9), Youth(10-11), Cadet (12-14), Juniors (15-17), 1st Pairs (18-30) & 2nd Pairs (31+)
Pairs Poomsae

Division	Belt	Rank	Gender	
Dragon (6-7)	Black	1 st – 9 th	Co-Ed	Modified WTF Format
Tiger (8-9)	Black	1 st – 9 th	Co-Ed	Modified WTF Format
Youth (10-11)	Black	1 st – 9 th	Co-Ed	Modified WTF Format
Cadet (12-14)	Black	1 st – 9 th	Co-Ed	Modified WTF Format
Juniors (15-17)	Black	1 st – 9 th	Co-Ed	Modified WTF Format
1 st Pairs (18-30)	Black	1 st – 9 th	Co-Ed	WTF Format
2 nd Pairs (31+)	Black	1 st – 9 th	Co-Ed	WTF Format

*State Championships can choose to do Dragon, Tiger and Youth Pairs Poomsae, but those divisions will not be available at the USATaekwondo National Championships. *

State Championships can choose to do color belt Co-Ed Pairs Poomsae, but those divisions will not be available at the USATaekwondo National Championships.

TEAM POOMSAE – 3 COMPETITORS OF THE SAME GENDER

Dragon (6-7), Tiger (8-9), Youth (10-11), Cadet (12-14), Junior (15-17) 1st Team (18-30) & 2nd Team (31+) Team Poomsae

Division	Belt	Rank	Gender
Dragon (6-7)*	Black	1 st – 9 th	Female
Dragon (6-7)*	Black	1 st – 9 th	Male
Tiger (8-9)*	Black	1 st – 9 th	Female
Tiger (8-9)*	Black	1 st – 9 th	Male
Youth (10-11)*	Black	1 st – 9 th	Female
Youth (10-11)*	Black	1 st – 9 th	Male
Cadet (12-14)	Black	1 st – 9 th	Female
Cadet (12-14)	Black	1 st – 9 th	Male
Juniors (15-17)	Black	1 st – 9 th	Female
Juniors (15-17)	Black	1 st – 9 th	Male
1 st Team (18-30)	Black	1 st – 9 th	Female
1 st Team (18-30)	Black	1 st – 9 th	Male
2 nd Team (31+)	Black	1 st – 9 th	Female
2 nd Team (31+)	Black	1 st – 9 th	Male

State Championships can choose to do Dragon, Tiger and Youth Team Poomsae, but those divisions will not be available at the USATAekwondo National Championships.

**State Championships can choose to do color belt Team Poomsae, but those divisions will not be available at the USATAekwondo National Championships. **

BOARD BREAKING

AGE CLASSES	AGE DIVISIONS	BELT COLOR	SET-UP TIME LIMITS	ROUTINE TIME LIMITS
DRAGONS	6-7 YEARS OLD	YELLOW/GREEN, BLUE/RED & BLACK	1 MINUTE	1 MINUTE
TIGER	8-9 YEARS OLD	YELLOW/GREEN, BLUE/RED & BLACK	1 MINUTE	1 MINUTE
YOUTH	10-11 YEARS OLD	YELLOW/GREEN, BLUE/RED & BLACK	1 MINUTE	1 MINUTE
CADET	12-14 YEARS OLD	YELLOW/GREEN, BLUE/RED & BLACK	1 MINUTE	1 MINUTE
JUNIOR	15-17 YEARS OLD	YELLOW/GREEN, BLUE/RED & BLACK	1 MINUTE	1 MINUTE
SENIOR	18-32 YEARS OLD	YELLOW/GREEN, BLUE/RED & BLACK	1 MINUTE	1 MINUTE
ULTRA	33+ YEARS OLD	YELLOW/GREEN, BLUE/RED & BLACK	1 MINUTE	1 MINUTE

DEMONSTRATION TEAM

AGE CLASSES	AGE DIVISIONS	BELT COLOR	SET-UP TIME LIMITS	ROUTINE TIME LIMITS
DEMO TEAM	ALL AGES	ALL BELT COLORS	1 MINUTE	10 MINUTES

WEIGH-INS

1. A competitor's weight shall be measured the day prior to his or her competition day. All competitors must weigh-in during the designated times on the schedule.
2. A competitor's weight may be measured twice. If a contestant does not qualify the first time, one more official weigh-in is granted within the time limit. Once an athlete steps on the official scale they cannot change their weight division. So as not to be disqualified during official weigh-in, a scale, the same as the official one, shall be provided at the convention center as a test scale.
3. During the weigh-in, the contestant is required to show his/her current photo ID, USATAekwondo identification card or birth certificate.
4. Any irregular action by the competitor or coach during the weigh-in may result in disqualification from event participation.
5. Weigh in, for both males and females shall be taken in the official V-neck uniform, or, if a contestant wishes, weigh-in may be done in underpants for male and underpants and bra for female contestants.
Under NO circumstances may an athlete weigh-in in the nude in the United States.

REQUIREMENTS

All participants must be current USA Taekwondo members. All coaches, referees, club owner/instructors 18 and older are required to complete and pass USATAekwondo background check prior to being a member of USATAekwondo and registered for USATAekwondo state sanctioned event (background checks must be completed every two years). Please see the USA Taekwondo website for more details. Additionally, they will be required to view and complete the USOC Safe Sport video before renewing their membership.

- Athletes must hold the appropriate U.S. citizenship or residency depending on the division he/she participates in.
- All coaches must be, at minimum, AC certified within the USATAekwondo CIDP program as well as view the Center for Safe Sport Video.
- An athlete **MAY** qualify in the same WORLD CLASS weight (sparring) and/or age category (poomsae) in **MULTIPLE STATE CHAMPIONSHIPS**.

AWARDS

SPARRING

Medals and certificates will be given out to the top 4 athletes, in the respective divisions and weight categories.

Individual Awards		
1 st Place		Gold Medal
2 nd Place		Silver Medal
3 rd Place		Bronze Medal
3 rd Place		Bronze Medal

POOMSAE

Medals and certificates will be given to the top 4 individuals, pairs (co-ed) and teams in the respective divisions.

Individual/Pairs/Team Awards		
1 st Place		Gold Medal
2 nd Place		Silver Medal
3 rd Place		Bronze Medal
3 rd Place		Bronze Medal



2020 Nevada State Taekwondo Qualifier Designated Poomsae

All Color Belt Divisions	
Belt Rank	Compulsory Poomsae
Yellow	Competitor's choice of Taegeuk 1 or 2
Green	Competitor's choice of Taegeuk 3 or 4
Blue	Competitor's choice of Taegeuk 5 or 6
Red	Competitor's choice of Taegeuk 7 or 8

Division	Semi-Final	Final
Dragons / 6-7	Koryo	Taegeuk 4
Tiger / 8-9		Taegeuk 8
Youth / 10-11		
Cadet / 12-14	Taegeuk 6	Taegeuk 7 Koryo
Junior / 15-17	Taegeuk 7	Taegeuk 6 Keumgang
1st Senior / 18-30	Pyongwon	Taegeuk 8
2nd Senior / 31-40		Taebaek
1st Master / 41-50	Jitae	Koryo Pyongwon
2nd Master / 51-60	Shipjin	Pyongwon Jitae
3rd Master / 61-65		
4th Master / 66+		

PAIRS (Co-ed Only)	Cadet	Taegeuk 6 Koryo
	Junior	Taegeuk 7 Keumgang
	Under 30	Taebaek Pyongwon
	Over 30	Pyongwon Shipjin
TEAM	Cadet	Taegeuk 6 Koryo
	Junior	Taegeuk 7 Keumgang
	Under 30	Taebaek Pyongwon
	Over 30	Pyongwon Shipjin