

all the events will be at: WESTGATE LAS VEGAS -3000 Paradise Rd., Las Vegas, NV 89109

Register Online at: www.usataekwondo.sport80.com

Hosted by:

Grand Master George Tapia Direct Line: (702) 682-7523 E-mail: grandmastertapia@gmail.com www.gaitftaekwondo.org

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WELCOME!

Dear Taekwondo Family,

Welcome to the 2024 USAT Nevada State Championship. I applaud all the athletes for all their accomplishments. Continue to work hard and stay dedicated towards your goals. I want to express my gratitude to the officials, referees, staff and volunteers who have selflessly given their time and energy to the success of this event. I hope everyone enjoys their experience here. Good luck to all athletes, coaches, and Taekwondo schools participating at this year's event.

Thank you all for your dedication and continuous support.

Respectfully,

Grand Master George Tapia USAT Nevada President www.gaitftaekwondo.org

EVENT POINTS OF CONTACT

Global American International Taekwondo Federation Ltd

George Tapia 702-682-7523 grandmastertapia@gmail.com www.gaitftaekwondo.org

SANCTIONED BY

USATKD 1015 Garden of the Gods Road Suite 110 Colorado Springs, CO 80907

General Information

EVENT CONTACT

grandmastertapia@gmail.com

COMPETITION VENUE

Westgate Las Vegas Resort & Casino 3000 Paradise Rd, Las Vegas, NV 89109

WestGate Resort & Casino will have rooms for your stay at discounted prices. Please follow the steps below for those prices to be honored.

ROOM RESERVATIONS: For those who prefer to call in their reservations directly, please call 1-800-732-7117 and give the code: STAE4R

For those that prefer to make their reservations online, please use this link: https://book.passkey.com/go/STAE4R

CHECK-IN & WEIGH-IN

WESTGATE LAS VEGAS RESORT & CASINO

3000 Paradise Rd, La	as Vegas, NV 89109
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Event Spectator Tickets CASH ONLY		
Children (5&under)	Single Day Pass (Ages 6+ Years)	
FREE	\$20	

COMPETITOR/COACH/REFEREE REGISTRATION

ALL participants, coaches, and referees MUST register at https://www.usatkd.org

All coaches must follow rules/regulations and abide by USATKD/PATU/WT rules and regulations.

REFUND POLICY

NO REFUNDS will be given for any reason. To obtain the early registration price, the registration fee must be paid online by the early registration deadline.

COMPETITION REGISTRATION FEES & DEADLINES

	ATHLETES			
Registration Type	Registration Fee	Registration Deadline	Add Event: Sparring or Individual Poomsae	
Regular	\$100	March 29, 2024	\$25	
Late	\$115	April 7, 2024	\$25	

COACHES			
Regular Registration Fee	Regular Registration Deadline	Late Registration Fee	Late Registration Deadline
\$50	March 29, 2024	\$65	April 7, 2024

COACHES MUST HAVE CURRENT AND UP-TO-DATE SAFE SPORT TRAINING AND BACKGROUND CHECK IN ORDER TO PARTICIPATE

NO ONSITE REGISTRATION FOR ATHLETES OR COACHES. THIS INCLUDES ADDING EVENTS. ANY CHANGES ON SITE WILL HAVE A CHARGE OF \$20 CASH ONLY

REGISTRATION DEADLINE IS AT 11:59 PM (PACIFIC)

EVENT SCHEDULE

Friday, April 12, 2024

Time	Event	Location
12:00pm-8:00pm	-Credential Pickup for Poomsae Competitors -Credential Pickup for Coaches -Check in/Weigh in for Sparring Competitors	Westgate Las Vegas Resort & Casino 3000 Paradise Rd, Las Vegas, NV 89109
1:00pm-7:00pm	Referee Seminar	Westgate Las Vegas Resort & Casino 3000 Paradise Rd, Las Vegas, NV 89109

Saturday, April 13, 2024

Time (Subject to change)	Event	Location
8:00am	Venue Doors Open	Westgate Las Vegas Resort & Casino 3000 Paradise Rd, Las Vegas, NV 89109
TBD	Competition	Westgate Las Vegas Resort & Casino 3000 Paradise Rd, Las Vegas, NV 89109

A MORE DETAILED SCHEDULE WILL BE RELEASED AFTER EARLY REGISTRATION CLOSES ON APRIL 7, 2024.

CHECK IN & WEIGH IN

Westgate Las Vegas Resort & Casino 3000 Paradise Rd, Las Vegas, NV 89109

ALL COMPETITORS AND COACHES must check in at registration and pick up credential on Friday, April 12, 2024 by 8:00pm (PACIFIC)

-NO ONSITE registrations will be allowed.

-A valid form of ID: ID, U.S. Birth Certificate, U.S. Passport Book or Card, School ID or Report Card, Valid Driver's License or Government Issued ID, or Military ID. -Sparring competitors: Must be in appropriate dress attire for weigh ins -Poomsae ONLY competitors must still check in on Friday, April 12, 2024 in order to be included on brackets

-Coaches must pick up credentials on Friday, April 12, 2024.

WEIGH-IN RULES

-Weigh-in is MANDATORY for ALL sparring competitors

-There will be only a maximum of 2 weigh-ins that are allowed for an athlete. The 2nd weigh-in must occur before registration is officially closed at 8:00pm PT -You are required to show a valid form of ID in order to weigh-in -A \$20 fee will be in place if a division change is needed. CASH ONLY ***NOTE: Weigh-ins, for both males and females, shall be done in athletic clothing. Athletes 17 years old and under, will be given a 0.2 kgs allowance from the weight on the scale. Athletes 18 years old and over, by the time of event date, may weighin in undergarments. But will only be given the 0.1kgs allowance when weighed in undergarments. Under NO circumstance may an athlete weigh-in in the nude in the U.S. No sports bras or crop tops for females, and males must wear a T-shirt.

COACH REQUIREMENTS

In addition to the coach's attire and conduct requirements as outlined in the rules, there will be the following requirements:

Coach courtesy hold and match management:

-First-round we will make accommodations for coaches with multiple athletes in separate rings

-Due to the scale and scheduling of this event, referees will be instructed to hold matches for a maximum of one minute prior to starting the match

-Once the division brackets and match orders are set by officials, no changes will be accepted on the floor

Coach etiquette (sparring and poomsae)

-No recording video or pictures ringside or on the competition floor -No phones, headsets, earbuds, etc. at ringside or on the competition floor

-No loitering behind the ring table

-No questions during the competition

-Follow all Coaches rules & Regulations

Violations of etiquette may be penalized with a yellow card (sanction).

SPARRING DIVISIONS

We will use USATKD rules and regulations, Best 2 of 3 rounds will be criteria used for sparring.

FEMALE SPARRING AGE DIVISIONS & WEIGHT CATEGORIES

AGE CLASSES	**AGE DIVISIONS	BELT COLOR	*WEIGHT CATEGORIES (KG)	WEIGHT CLASSES
DRAGONS	6-7 YEARS OLD	YELLOW, GREEN, BLUE, RED & BLACK	U19, U23, U27 & O27	FIN, LIGHT, MIDDLE & HEAVY
TIGERS	8-9 YEARS OLD	YELLOW, GREEN, BLUE, RED & BLACK	U21, U25, U30 & O30	FIN, LIGHT, MIDDLE & HEAVY
YOUTH	10-11 YEARS OLD	YELLOW, GREEN, BLUE, RED & BLACK	U30, U35, U40 & O40	FIN, LIGHT, MIDDLE & HEAVY
^CADET	12-14 YEARS OLD	YELLOW, GREEN, BLUE, RED & BLACK	U29, U33, U37, U41, U44, U47, U51, U55, U59, O59	FIN, FLY, BANTAM, FEATHER, LIGHT, WELTER, LT. MIDDLE, MIDDLE, LT. HEAVY & HEAVY
JUNIOR	15-17 YEARS OLD	YELLOW, GREEN, BLUE & RED	U42, U44, U46, U49, U52, U55, U59, U63, U68 & O68	FIN, FLY, BANTAM, FEATHER, LIGHT, WELTER, LT. MIDDLE, MIDDLE, LT. HEAVY & HEAVY
^JUNIOR	15-17 YEARS OLD	BLACK	U42, U44, U46, U49, U52, U55, U59, U63, U68 & O68	FIN, FLY, BANTAM, FEATHER, LIGHT, WELTER, LT. MIDDLE, MIDDLE, LT. HEAVY & HEAVY
SENIOR	17-32 YEARS OLD	YELLOW, GREEN, BLUE & RED	U46, U49, U53, U57, U62, U67, U73, O73	FIN, FLY, BANTAM, FEATHER, LIGHT, WELTER, MIDDLE, & HEAVY
^SENIOR	17-32 YEARS OLD	BLACK	U46, U49, U53, U57, U62, U67, U73, O73	FIN, FLY, BANTAM, FEATHER, LIGHT, WELTER, MIDDLE, & HEAVY
ULTRA	33+ YEARS OLD	YELLOW, GREEN, BLUE, RED & BLACK	U49, U57, U67 & O67	FIN, LIGHT, MIDDLE & HEAVY

= Under, O=Over

MALE SPARRING AGE DIVISIONS & WEIGHT CATEGORIES

AGE CLASSES	**AGE DIVISIONS	BELT COLOR	*WEIGHT CATEGORIES (KG)	WEIGHT CLASSES
DRAGONS	6-7 YEARS OLD	YELLOW, GREEN, BLUE, RED & BLACK	U19, U23, U27 & O27	FIN, LIGHT, MIDDLE & HEAVY
TIGERS	8-9 YEARS OLD	YELLOW, GREEN, BLUE, RED & BLACK	U21, U25, U30 & O30	FIN, LIGHT, MIDDLE & HEAVY
YOUTH	10-11 YEARS OLD	YELLOW, GREEN, BLUE, RED & BLACK	U30, U35, U40 & O40	FIN, LIGHT, MIDDLE & HEAVY
^CADET	12-14 YEARS OLD	YELLOW, GREEN, BLUE, RED & BLACK	U33, U37, U41, U45, U49, U53, U57, U61, U65, O65	FIN, FLY, BANTAM, FEATHER, LIGHT, WELTER, LT. MIDDLE, MIDDLE, LT. HEAVY & HEAVY
JUNIOR	15-17 YEARS OLD	YELLOW, GREEN, BLUE & RED	U45, U48, U51, U55, U59, U63, U68, U73, U78 & O78	FIN, FLY, BANTAM, FEATHER, LIGHT, WELTER, LT. MIDDLE, MIDDLE, LT. HEAVY & HEAVY
^JUNIOR	15-17 YEARS OLD	BLACK	U45, U48, U51, U55, U59, U63, U68, U73, U78 & O78	FIN, FLY, BANTAM, FEATHER, LIGHT, WELTER, LT. MIDDLE, MIDDLE, LT. HEAVY & HEAVY
SENIOR	17-32 YEARS OLD	YELLOW, GREEN, BLUE & RED	U54, U58, U63, U68, U74, U80, U87, O87	FIN, FLY, BANTAM, FEATHER, LIGHT, WELTER, MIDDLE, & HEAVY
^SENIOR	17-32 YEARS OLD	BLACK	U54, U58, U63, U68, U74, U80, U87 & O87	FIN, FLY, BANTAM, FEATHER, LIGHT, WELTER, MIDDLE, & HEAVY
ULTRA	33+ YEARS OLD	YELLOW, GREEN, BLUE, RED & BLACK	U58, U68, U80 & O80	FIN, LIGHT, MIDDLE & HEAVY

SPARRING MATCH FORMAT

Best of 3 System (win by rounds) shall be followed for all matches

Age	Age Belt Color Applicable Rules		Round-Times-Rest
	Yellow		
	Green		All Divisions
Deserve		No Hand Contract	
Dragon	Blue	No Head Contact	Three - 60 seconds - 30 seconds re
6 -7 years	Red		
	Black		
	Yellow Green		All Divisions
Tigers	Blue	No Head Contact	Three - 60 seconds - 30 seconds re
8-9 years	Red		
	Black	MHC	
	Yellow		All Color Belts
	Green		Three - 60 seconds - 30 seconds re
Youth	Blue	No Head Contact	All Black Belts
10 - 11 years	Red		Three - 60 seconds 30 seconds res
	Black Yellow	MHC	All Divisions
Cadet	Green Blue	мнс	Three - 60 seconds - 30 seconds re
12 - 14 years	Red	(Including Black	
	Black Belt Grassroots	Belt Grassroots)	
	World Class Black	Senior Rules	
	Yellow		All Color Belts
	Green		Three - 60 seconds - 30 seconds re
Junior	Blue	мнс	World ClassBlack Belts
15 - 17	Red		Three - 90 seconds 30 seconds res
	World Class Black	Senior Rules	
	Yellow		All Color Belts
	Green		Three - 60 seconds - 30 seconds re
Senior	Blue	мнс	World Class Black Belts
	Red		Three - 90 seconds 30 seconds res
	World Class Black	Senior Rules	
	Yellow		
	Green		
Ultra	Blue	мнс	All Belts
	Red		Three - 60 seconds 30 seconds res
	World Class Black	Senior Rules	

POOMSAE INFORMATION

INDIVIDUAL COLOR BELT

Consists of 1 Male or 1 Female with belts from WHITE TO RED for the following age divisions: Dragon (6-7), Tiger (8-9), Youth (10-11), Cadet (12-14), Juniors (15-17), Senior (-30,-40,-50,-65,+65)

Belt	Compulsory Poomsae	Compulsory Poomsae
Yellow	Taegeuk 1	Taegeuk 2
Green	Taegeuk 3	Taegeuk 4
Blue	Taegeuk 5	Taegeuk 6
Red	Taegeuk 7	Taegeuk 8

RECOGNIZED SPORT POOMSAE

INDIVIDUAL POOMSAE:

Consists of 1 competitor for the following age divisions: Cadet (12-14), Juniors (15-17), U30 (18-30), U40 (31-40), U50 (41-50), U60 (51-60), U65 (61-65) O65 (66+)

PAIRS POOMSAE (CO-ED):

Consists of 1 Male and 1 Female competitors for the following age divisions: Youth (10-11), Cadet (12-14), Juniors (15-17), U30 Pairs (18-30) & O30 Pairs (31+) Pairs Poomsae.

TEAM POOMSAE:

Consists of 3 competitors of the same gender for the following age divisions: Youth (10-11), Cadet (12-14), Junior (15-17), U30 Team (18-30) & O30 Team (31+) Team Poomsae.

AGE	Individual Compulsory Poomsae		
YOUTH	Taegeuk 2, Ta	aegeuk 3, Taegeuk 4, Taegeuk 5, Taegeuk 6, Taegeuk 7, Taegeuk 8, Koryo	
CADET	Taegeu	k 4, Taegeuk 5, Taegeuk 6, Taegeuk 7, Taegeuk 8, Koryo, Keumgang	
JUNIOR	Taegeuk 4, T	aegeuk 5, Taegeuk 6, Taegeuk 7, Taegeuk 8, Koryo, Keumgang, Taeback	
U30			
U40	Taegeuk 6,	Taegeuk 7, Taegeuk 8, Koryo, Keumgang, Taeback, Pyongwon, Shipjin	
U50	Taegeuk 8, Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Chonkwon, Jitae		
U60			
U65	Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Chonkwon, Jitae, Hansu		
O65			
AGE		Pair and Team Compulsory Poomsae	
	YOUTH Taegeuk 2, Taegeuk 3, Taegeuk 4, Taegeuk 5, Taegeuk 6, Taegeuk 7, Taeg Koryo		
	CADET Taegeuk 4, Taegeuk 5, Taegeuk 6, Taegeuk 7, Taegeuk 8, Koryo, Keumgang		
	JUNIOR Taegeuk 4, Taegeuk 5, Taegeuk 6, Taegeuk 7, Taegeuk 8, Koryo, Keumgang Taeback		
	U30 Taegeuk 6, Taegeuk 7, Taegeuk 8, Koryo, Keumgang, Taeback, Pyongw Shipjin		
	030 Taegeuk 8, Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Chonkwon, Jitae		

AWARDS

SPARRING

Medals will be given out to the top 4 athletes in their respective divisions and weight categories: 1st Place, 2nd Place, 3rd Place and 3rd Place.

POOMSAE

Medals will be given to the top 4 athletes in each division: 1st Place, 2nd Place, 3rd Place and 3rd Place.

COMPETITION EQUIPMENT

OFFICIAL SPARRING UNIFORM (DOBOK)

All contestants must wear a white Taekwondo V-neck PATU/WT uniform (dobok) in good condition.

- All competitors may wear black taekwondo pants for any division (NEW as of 2024). Black belts must wear black-collared uniforms.
- Poom rank (14 and under black belts) may wear poom uniforms with black and red collars. Color belts must wear white-collared uniforms; color belts cannot wear black-collared uniforms.
- No tape will be allowed on any part of the uniform.

OFFICIAL POOMSAE UNIFORM (DOBOK)

- All contestants must wear a white Taekwondo V-neck PATU/WT approved uniform or WT approved
- Poomsae competition uniform in good condition, and appropriate to the contestants' division.
- Contestants may also wear black taekwondo pants for any division (NEW as of 2024).
- Black Belts must wear black-collared white uniforms or WT approved Poomsae competition uniform.
- Only black belt athletes 14 and under may wear a poom belt.
- Color belts may not wear black-collared uniforms





White V-Neck Color Belts

Poom V-Neck Black Belts U14



Black V-Neck Black Belts

DAEDO SOCKS - REQUIRED FOR ALL



HAND GLOVES - RECOMMENDED FOR ALL BLACK BELT DIVISIONS, REQUIRED FOR BLACK BELT WORLD CLASS YOUTH, CADET, JUNIOR & SENIOR COMPETITORS



MOUTHGUARD - REQUIRED (ANY COLOR EXCEPT RED) ATHLETES WITH DENTAL BRACES MUST WEAR SPECIAL DENTIST-PRESCRIBED MOUTHGUARDS FOR BRACES, THAT COVER BOTH UPPER AND LOWER TEETH, ALONG WITH A NOTE FOR CLEARANCE-TO-COMPETE FROM THEIR DENTIST.



